

SOCIAL and PERSONAL

YESTERDAY.
 Richmond Branch, Pocahontas Memorial Association, with Mrs. D. Williams, No. 210 East Franklin Street.
 Hollywood Memorial Association at Second Presbyterian Church.
 Miss Anna Clarke at Woman's Club at 5:30 P. M.
TUESDAY.
 Lawn party for Branch R. Allen Auxiliary, Home for Incurables, at Monroe and Grace Streets, 5 to 10 P. M.
 Plant recital of Richmond Conservatory of Music at No. 555 East Grace Street.
 Marriage of Miss Grace May Glenn to Mr. Clarence L. Clark, in Grace Street Baptist Church, at 8:30 P. M.

At Woman's Club.
 An appreciative audience gathered at the Woman's Club yesterday afternoon, when Miss Anna Clark, chairman of the civil service committee of the Federal Union of Women's Clubs, spoke of the work of her committee. Miss Clark was introduced by the chairman of the afternoon, Mrs. J. Endera Robinson. She spoke earnestly and practically of the work accomplished by the civil service committee in remedying evils in the administration of public institutions of charity and education. "We go about our work quietly and unobtrusively," she said. "There is no lobbying or other conspicuous methods in our work, but we usually accomplish the passage of laws for the amelioration of suffering and the benefit of those for whom State and national institutions are founded." Miss Clark also declared that largely through the influence on public opinion exerted by the Federation of Woman's Clubs, the pure-food bill became a law.
 Guests of the afternoon were Miss Mary B. Poppenheim, of South Carolina; Mrs. Hugh Miller, Mrs. N. V. Randolph, Mrs. J. Bouton Hill, Mrs. S. H. Yonge, Mrs. R. B. Green and Mrs. W. B. Pletcher.
 The following ladies acted as hostesses at the pleasant tea which followed the address: Mrs. W. E. Evans, Mrs. C. W. P. Brock, Mrs. John C. Freeman, Mrs. Lewis H. Blair, Miss Mary C. Hatcher, Mrs. S. S. Jones, Mrs. Junius B. Mosby, Mrs. W. G. Standard, Mrs. John S. Uphur and Miss Anne Stegar Winston.

Misses Sneed to Wed.
 The announcement that Misses Annie Belle and Katherine Sneed, of Birmingham, Ala., daughters of Mrs. Virginia Robertson Sneed, and formerly of this city, will both be married in July, is of much interest in Richmond. Miss Katherine Sneed's marriage to Mr. U. M. Blocker will take place on July 2d. Miss Annie Belle Sneed's fiancé is Mr. Edward T. Baird, of Birmingham, Ala., and though the exact date for their wedding has not been announced, it will be celebrated about the middle of July. Both young ladies will be married in the home of their mother, No. 1325 Twenty-fourth Street, Birmingham, Ala.

The Misses Sneed are descendants of prominent Virginia Colonial families, and are well-known here.

Clark-Glenn.
 A pretty marriage in Grace Street Baptist Church this evening at 8:30 o'clock will be that of Miss Grace May Glenn, daughter of Mrs. Sarah W. Glenn, to Mr. Clarence Lee Clark, son of Mr. and Mrs. John B. Clark. Rev.

Prevent Decay

Have sound, healthy white teeth and inoffensive breath by using

Meade & Baker's Carbolic Mouth Wash

Is aromatic, pleasing and delightful to the taste.

At your druggist's, 25c, 50c, \$1.00.

Guth

We are pleased to announce the opening of our new

Chicago Store

In the famous AUDITORIUM ANNEX, Chicago, Ill.,

making the third store in Chicago, and the tenth link in the chain of Guth stores.

We extend a cordial invitation to our Richmond friends to visit us and make our store their headquarters while in Chicago.

The new store just opened is the finest in its appointment in the entire West.

Guth Chocolates, Bon Bons and Fancy Candles, famous for their purity, may be had fresh daily at any of our

Ten Stores

Guth

309 East Broad Street.

Candles carefully packed for shipment to all parts of the world.

Dr. and Mrs. J. H. Thompson and Master John Thompson have returned

There's never any falling off in the grand flavor of

Zu Zu
Ginger Snaps

The nicest, spiciest, most tantalizing ginger snaps ever made.

5¢ a package
NATIONAL BISCUIT COMPANY

W. E. Robertson, of Randolph Street Baptist Church, will officiate.

Miss Marie Kienzie will be maid of honor and Mr. Percy H. Davis will act as best man. Other attendants will be the bridesmaids, Misses Grace Clark, Laura Davis, Grace Stubs and Lillian Morris, and the groomsmen Messrs. Leslie Stansbury, Frank Davis, Robert Woodbridge and Jennifer Glenn.

A reception at the home of the bride, No. 229 South Linden Street, will follow the ceremony. Mr. Clark and his bride will make their home with the bride's mother.

Nightingale-Lindsay.
 The marriage of Miss Mary Hobson Lindsay to Mr. Harry A. Nightingale took place yesterday morning at 7:30 o'clock in the bride's home, No. 291 North Meadow Street. The ceremony was performed by Rev. Dr. John Moncure, and was witnessed only by the members of the immediate families.

Pocahontas Memorial Meets.
 Richmond Branch of the Pocahontas Memorial Association held its last meeting before the autumn at last yesterday in the home of the vice-regent, Mrs. D. T. Williams, No. 210 East Franklin Street.

No business of importance was transacted, but several new members were received, making a total membership of about seventy. The new members are: Mrs. J. L. Houston, Mrs. James A. Grigg, Miss Alice McCrear and Miss Alice McCrear. The association adjourned to meet the last week in September.

Hollywood Memorial Association held a called meeting yesterday morning for the purpose of hearing reports from the Memorial Day exercises. Mrs. James T. Gray presided in the absence of the president.

Miss Minnie Baughman made a most satisfactory report of her work of decoration on May 30th, and others gave a resume of the association during the Confederate Reunion.

The association wishes to thank all who sent flags and flowers for decoration and all who aided in making the exercises successful and inspiring.

For Miss Culpener.
 Miss Ottoline Culpener, of this city, who is the guest of Miss Emily Neely in Portsmouth, was pleasantly entertained by her hostess on Friday evening last.

Members of the younger society met were the guests, and those present were Miss Culpener, Miss George Sherman, of Baltimore; Misses Annie Simonson, Vera and Annie Tignor, Annie Foster, Esther Wood and Marguerite Dongan.

Personal Mention.
 Miss Annie Watson has returned home from a visit to Little Rock, Ark., St. Louis, Mo., and Cincinnati, Ohio, where she has been spending the winter.

Miss Peachy Harrison returned Saturday from Alexandria, Va., where she attended the finals of the Episcopal Theological Seminary, and was present at the graduation of her brother, Mr. Lewis Carter Harrison.

Mr. John E. Boisseau has returned to New York, after visiting friends and relatives here, and attending the Jamestown Exposition.

Mr. B. P. Lester, of New Orleans, is spending several weeks with his mother at No. 822 West Main Street.

Mrs. Thomas J. Baldwin is the guest of Mrs. Joseph Peables, Norfolk.

Miss Grace Crank entertained at her home in Loudoun on Friday evening in honor of her cousin, Miss Florence Miller, of New Mexico.

Mrs. Margaret Jones, of this city, who has been visiting Mrs. J. B. O'Connell in Staunton, is now at Waynesboro, Va.

Mrs. Lucius Gregory has returned to her home in Chase City, Va., after a visit to Richmond.

Mr. and Mrs. Charles Kruse, of New York, are the guests of Mrs. Kruse's parents, Mr. and Mrs. Preston Belvin, at No. 1504 West Avenue.

Mr. Arthur Hammond is spending a few days with his parents in Charlottesville, Va.

Mrs. William C. Preston and children are the guests of Colonel and Mrs. J. D. H. Ross in Rockbridge county.

Mrs. Frank S. Woodson, and little daughter Frances are summering in South Boston, Va.

Miss Louise Reed is the guest of her sister, Mrs. L. J. Harper, in Newport News.

Miss Elizabeth Swinney, who recently visited Miss Shirley Manor, attended the finals at Virginia Military Institute and participated in the balls and other festivities before leaving for her home in Gilliam, Mo.

Mrs. Samuel J. Bins and children have returned to their home at Holdcroft, Va., after a visit to Mr. S. W. Holdcroft in this city.

Miss Lucile Collo, of Vance, N. C., is visiting friends here and will attend the exposition.

Dr. and Mrs. J. H. Thompson and Master John Thompson have returned

to Christiansburg, Va., after a visit to Richmond and other Eastern cities.

Mrs. G. W. Clayton, who has been visiting friends here, has returned to her home in Bedford City.

Mr. Clarence Mohler, of Staunton, has accepted a position here and will make Richmond his future home.

Miss Lula Wagner, of Newport News, is visiting friends here.

Miss Annie Smith and Miss Annie Drew are guests in the home of Mr. G. W. Higgins, Montfort, Va.

Miss Mazie Hawley has returned from a visit of several weeks to her aunt, Mrs. J. T. Bailey, in Gordonsville, Va.

Mrs. A. H. Smith recently visited relatives in Boynton, Va.

Miss Effie Brewer, of Vinton, Va., is here to be with her sister, Mrs. Frank Goodman, who is undergoing treatment at St. Luke's Hospital.

Mrs. James C. Warren and little daughter are visiting Mrs. Warren's mother, Mrs. V. C. Grant, in York Street, Norfolk.

Miss Helen Cunningham, of North Carolina, and Miss Sule Galt, of Norfolk, are the guests of the Misses Lancaster, at No. 307 West Grace Street.

Mr. Marshall Harwood has returned from a trip to Portsmouth.

Mr. E. W. Huggins, of Richmond College, is the guest of his sister, Mrs. Claude L. Goodman, in Newport News.

Master Kenneth McCoy, who has been spending several weeks with Miss Maude Cooke, has returned to his home in Staunton.

Mrs. Armistead Carter, of Norfolk, is the guest of her parents, Mr. and Mrs. P. J. Dempsey.

Miss Annie May Brent, who has been spending a month in Richmond, Jamestown Exposition and Virginia Beach, has returned to her home in Fredericksburg, Va.

Miss Dabney Maury Halsey, of Philadelphia, who has been visiting Mrs. E. J. Smith in Fredericksburg, is now the guest of friends here.

Miss Gladys Thomas is spending a week in Newport News with friends.

Mr. and Mrs. David A. Miller and daughters, Misses Ada and Una Miller, have returned to their home at Moffatt's Store, Va., after visiting in Richmond, Jamestown and Washington, D. C.

Masters Harry and John William Davenport are spending the summer with their aunts, Mrs. R. M. McCuller and Mrs. Hogshead, in Gordonsville, Va.

Miss Jane Cason has returned from a visit to Mr. Brown, in Mineral, Va.

Dr. W. T. Oppenheimer has returned to the city from Minnesota.

Miss Jennie Williams, of Indian Territory, who attended the Confederate Reunion as maid of honor for her State, is now the guest of Miss Agnes Langhorne Segar, at "Rockland," Spotsylvania county.

Mrs. N. A. Linney has returned to Gordonsville after a pleasant visit to her father in this city.

The Rev. Dr. George W. McDaniel will be orator at the Fourth-of-July celebration at Irvington, Va.

Miss Blanche Blain is visiting friends in Stuart's Draft, Va.

Miss Mary Holladay, who has been visiting her brother, Mr. Dupuy Holladay, in Norfolk, is now the guest of friends here.

Mr. R. C. Stevens, of this city, is in Charlottesville.

Mr. and Mrs. George Jennings are spending some time in Warrenton, Va.

Mr. J. Randolph Tucker, of Richmond, was in Staunton Saturday.

Mr. and Mrs. M. Elwood and little daughter, Miss Laura Virginia Elwood, of Williamsburg, will arrive soon to be the guest of Mrs. Williams.

Mrs. Alice Jefferson Bowell and Miss Margaret Bowell have returned to South Boston after an enjoyable trip to Richmond and the exposition.

Mr. Walter Marks is the guest of friends in Staunton.

WEST DOWN TWICE.
 Dinks Mosby, of Richmond, narrowly escaped drowning at Drow's Bluff Sunday afternoon. Mosby was out in a boat when the big steamer upset the little craft. Mosby was thrown into the river, where at that point he deep and has strong tide. He went down twice, but was finally fished out by friends.

It's a quick and easy trip to the Exposition via Norfolk and Western special trains every Thursday. They go all the way to the grounds. \$1.50 round trip.

Four Young White Men Face Charge of Burglary.

LIBRARY EXHIBIT TO BE INSTALLED

Has Been Carefully Prepared and Will Be Shipped This Week.

BUILDING IS NOW READY

Rare Old Manuscripts and Official Documents for Public Inspection.

The completion of the History Building at Jamestown, so long delayed, is now about accomplished, and exhibits will probably be placed in it within a short time. Among the chief displays is the manuscript collection of the Virginia State Library and the Virginia Historical Society. This exhibit, made by the two institutions jointly, is probably the largest and most interesting collection of manuscripts bearing upon the history of Virginia ever shown. The archives of the State and the papers of the Historical Society were carefully gone over in order to provide an exhibit which would amply illustrate the history of the State, and enough manuscripts and facsimiles of manuscripts and books were secured to fill twenty-seven cases at Jamestown.

Carefully Prepared.
 Mr. William C. Stanard, of the Historical Society, and Mr. H. J. Eckenrode, of the State Library, prepared the exhibit according to a plan suggested by Mr. Stanard. By this arrangement the most important periods of Virginia history, the leading institutions of the State and the State received full descriptive treatment. The exhibit will show the life of Virginia from the middle of the seventeenth century to the Confederate War condensed before him.

The collection begins with papers of about 1650, and illustrates the general history of the Colony down to the Revolution, as well as the functions of the Governor, the Council, the House of Burgesses, the courts and officers of the government, the Colonial Church, the military and naval forces, the methods of securing land for settlement and in general customs as they were in old Virginia before the Revolution.

Valuable Documents.
 There are many documents relating to the Revolution. The Committee of Correspondence and Committee of Safety papers tell of the beginning of the struggle, and are followed by a large collection of papers dealing with events and conditions in Virginia during the war and containing autographs of Washington, Jefferson, Henry, Lafayette, Baron Steuben, Nathaniel Greene, Daniel Morgan and other great men. Other collections illustrate the military and naval forces in Virginia during the Revolutionary period, and the expedition which was led by George Rogers Clark, and which gave an empire to Virginia. There are also collections dealing with Washington, Patrick Henry, John Jay, and other great men. The exhibit includes papers dealing with the later period of Virginia history, especially with the Confederate War.

Rare Manuscripts.
 Many valuable manuscripts will be shown. The Virginia Historical Society has such things as autographs of most of the Colonial Governors—Berkley, Spotswood, Gooch, Dunmore and others; and many of the Colonial councilors, the men who so largely made Virginia. Among many interesting papers are a letter written by "Light Horse Harry" Lee just after the battle of Stony Point; a battle report written by Washington on the day that he attacked Fort Mifflin and began the French and Indian War and his own career; and the Farewell Address of General Lee to the Army of Northern Virginia.

Among the papers shown by the State Library is one peculiarly interesting to the visitors at Jamestown, for it bears the only known signature of Nathaniel Bacon, the "Rebel" who in 1676 overthrew Governor Berkeley and held Virginia by force of arms. Other papers are Thomas Jefferson's marriage bond, a letter written by General Gates commanding the Continental Army's surrender at Saratoga, Cornwallis's parole at Yorktown, and the last dispatch of Stonewall Jackson, written only a few hours before the great general's wounding.

Will Go This Week.
 Besides the manuscripts, the exhibit includes a number of facsimiles of the title pages of rare books and pamphlets of the seventeenth century dealing with Virginia. The exhibit was arranged by Mr. William Clayton-Torrence, of the library, who visited many libraries in the North in order to run down these old books.

It is probable from present reports that Messrs. Stanard, Clayton-Torrence and Eckenrode will go to Jamestown about the end of the week and install the exhibit.

TO ESCAPE HEAT.
 Many Richmond People Spend Evenings at West Point.

The summer season at Beach Park West Point, has opened most auspiciously, and the Terminal Hotel is well filled with Richmonders, who have gone to the convenient and popular resort to escape the heat of the city. Many prominent business men have taken the train to the hotel, and go there every afternoon at 5:30 o'clock on the "Twilight Limited," which leaves the Southern Railway Station every evening, except Sunday, when two trains are run—10 A. M. and 4 P. M.

The Twilight Limited each week-day returns to Richmond at 11:10 P. M., after the patrons have had an opportunity to enjoy the amusements of Beach Park, and one of the Terminal Hotel's famous seafood dinners.

The two Sunday trains offer a whole day of pleasure, sailing or hunting on the waters around the park, and return the passengers to Richmond at 10 o'clock Sunday evening in plenty of time for a good night's rest.

FOR PERMANENT HOME.
 Richmond Academy of Medicine Will Also Discuss Tuberculosis.

The Richmond Academy of Medicine and Surgery will meet to-night in the A. B. Building. The meeting will be very important as plans for procuring a permanent home for the academy will be considered.

"The Cause of Tuberculosis" will be the subject of the evening. Dr. William H. Parker, of this city, will talk on "What Can Be Done for the Tuberculosis Poor in the City of Richmond."

BROKE OPEN CARS.
 Four Young White Men Face Charge of Burglary.

Joseph Bowman, Harry Burch, Adolphus Emmons and W. L. Smith, all young white men, were charged in the Police Court yesterday morning with having broken open cars and stolen therefrom a quantity of whiskey and flour. The arrests were made by Officer Howell Green. Four warrants have been sworn out against them, but only one, that of stealing twelve quarts of whiskey, was heard yesterday.

The case was continued to July 3d, and the men were remanded back to jail.

ANGEL SENT ON.
 Believed to Have Committed Many Thieves on Clay Street.

O. P. Angie, charged with burglary in three cases, was sent to the grand jury from the Police Court yesterday morning. Many depredations have occurred in the neighborhood of First and Clay Street since last March, and Policeman Nease was detailed to be on the lookout for the robber. Sunday night he caught Angie climbing a telegraph pole to scale a fence surrounding the house of Mr. H. H. Hart, No. 17 East Clay Street, and pulled him down.

It is thought that Angie is the man who stole from Mr. Hart about \$75 worth of clothing and other articles; from Mr. Cuthbert, about \$100, and from Fields Cook, who lives on Leigh Street, probably \$300 worth of articles.

The man appeared without counsel and seemed to be very despondent.

SOLD WORTHLESS TICKETS.
 Two Former Conductors Charged with Having Committed Forgery.

Samuel J. Fowler and L. B. Brawshaw, two young white men, were sent to the Police Court yesterday morning, charged with selling punched tickets of the Virginia Passenger and Power Company, by whom they had formerly been employed as conductors. Captain Quigley characterized the act as forgery, in as much as forgers in law means the circulation of spurious paper with intent to deceive.

Attorney Henry Smith appeared as counsel for the young men, and the hearing was continued to July 3d. Mrs. Madge Ball, aunt of Bradshaw, went on the ball of both.

LEFT ONLY BATHING SUIT.
 John Henry, Butler, Sent On to the Grand Jury.

John Henry, the negro butler of Mr. Harry M. Smith, Jr., appeared in the Police Court yesterday morning, charged with stealing a bathing suit and a pair of shoes worth \$250 worth of clothing from his employer. He was sent on to the grand jury.

Henry is a legal, steady, and a month ago, and then skipped. He was brought back by Detective Gibson. The butler had been in the habit of helping himself at various intervals until only a bathing suit was left.

Negroes Have Opera.
 More than 1,000 persons, many of them white people, packed the colored playhouse at Magnolia Park last night to witness the opening performance of the Colored Grand Opera Company from New York.

The troupe opened with Bizet's "Carmen." Ella Anderson, the negro prima donna, played the title role. The show will continue to-night.

PRaise WORK OF HOWITZER "BOYS"
 Members of Association Meet and Decide to Take Suitable Action.

A meeting of the Howitzer Association was held yesterday afternoon at 6 o'clock in the office of Mayor Carlton McCarthy. A number of the veterans of the famous battery were present, and all spoke in the highest terms of the remarkable feat of the present battery in making a march of 130 miles in the face of the most adverse circumstances, in storm, rain and mud, and in a record time. Captain McCarthy presided at the meeting, and Captain C. G. Bosher acted as secretary.

After statements by the Mayor and other members of the association regarding the work of the Howitzer "boys," Colonel Charles E. Wingo moved that a committee of three be appointed to draw up resolutions and recommend such action as may be most suitable in recognition of the excellent service rendered by the battery on its recent trip. The motion was carried unanimously, and Colonel Wingo named as the members of the committee Mayor McCarthy, Judge George L. Christian and Mr. James T. Gray.

Mr. Henry R. Jones, of Caddo, Indian Territory, Dr. Edward McCarthy and Mr. John W. Meyers, of Richmond, were elected members of the association, their applications showing them to have an honorable record in the battery.

Another meeting will be called later in the week to report upon the recommendations of the committee named above.

Among those taking part in the meeting yesterday were: Mayor McCarthy, Judge George L. Christian, Messrs. James T. Gray, Edwin Alvey, James A. Grigg, Captain E. T. McCahey, Charles E. Wingo, Henry R. Jones, E. Lorraine, S. H. Hawes, H. G. Terrell, P. A. Arnzers and C. G. Bosher.

GOVERNOR GOES AWAY TO-NIGHT

Will Return to the Exposition for a Stay of Several Weeks.

MAJOR ANDERSON INVITED

Will Receive Monument in Commemoration of Organization of House of Burgesses.

Governor Swanson was kept busy yesterday receiving callers and disposing of routine business matters. He is preparing to go to-night to the Jamestown Exposition, where he will spend a week or ten days. The Governor would have gone yesterday, but he remained over to attend the meeting of the State Board of Education, which took place last night. His Excellency has a number of engagements in Tidewater in the near future. He will participate in the exercises incident to the celebration of South Carolina Day at the exposition on Friday, and will address the convention of Southern Shoe Dealers at Old Point on July 2d. On July 3d he and Mrs. Swanson will assist Governor and Mrs. Dawson of West Virginia, in celebrating the day set apart for that State. They will probably remain at the exposition during the greater part of July.

Governor Swanson has received an invitation to attend the unveiling of a statue to former Governor Oliver P. Morton, of Indiana, at Indianapolis, on July 23d. The Governor will be unable to go on account of important official engagements in Virginia.

Going to Asheville.
 Attorney-General Anderson and Hon. A. C. Braxton are finishing up the preparation of their side of the great passenger rate case, which will be called before Judge Jeter C. Fritchard in the United States Circuit Court at Asheville, N. C., on Thursday, and they will leave the city for the scene of action to-night.

Major Anderson yesterday accepted an invitation from Mrs. J. Endera Robinson, corresponding secretary of the Association for the Preservation of Virginia Antiquities, to receive the monument to the first House of Burgesses, given by the Norfolk branch, and to be unveiled at Jamestown Island on July 30th. The occasion will be a commemoration of the establishment of the first legislative body on the western continent, and Major Anderson will make the speech accepting the monument on behalf of the general assembly.

Colonel Robert Cattlett, Assistant Attorney-General of the State, is still confined to his room, No. 715 East Grace Street, by sickness. The condition of Colonel Cattlett was not improved yesterday.

Corporation Commissioners Prentiss and Stuart have returned from South-west Virginia, where they went on official business, and were in their offices yesterday.

Among the callers at the library yesterday was Mr. W. G. Dillard, treasurer of Spotsylvania.

INCREASE NUMBER OF COLLECTIONS
 Postmaster Gets Twelve Additional Clerks for Richmond Office—Growth of Work.

Postmaster Royal E. Cabell received a large batch of important official communications from Washington yesterday, interesting among which is one authorizing the putting on of twelve additional clerks. Ten of these will be appointed from July 1st and two from October 1st, and they will greatly relieve conditions in the local office.

In connection with the new appointments, it may be said that Mr. Cabell has, with the additional carrier force recently given, worked out a scheme which will enable him to practically double the number of daily collections of mail in the business districts, and largely increase them elsewhere, especially in the western portion of the city, where mail there will be mailed. From July 1st heavy additional duties are placed on the Richmond post-office, which has been made the depository for the 3,300 fourth-class offices in Virginia. This means that all these offices must settle quarterly through the Richmond office. The government has also ordered the weighing and counting of mail sent out from this office during the latter half of the present year, and all this and other duties will furnish ample work for the new clerks.

Casarets act like exorcists.
 If carried in your vest pocket, (or carried in My Lady's Purse), and eaten just when you suspect you need one, you will never know a sick day from the ordinary fits of life.

Because these pills begin in the bowels, and pave the way for all other diseases.

"Vest Pocket" box 10 cents.
 Be sure you get the genuine, made only by the Sterling Remedy Company, and never sold in bulk. Every tablet stamped "CCC."

THE HANDY DOCTOR IN YOUR VEST POCKET
 It's a thin, round-cornered little Enamel Box—

When carried in your vest pocket it means Health-Insurance.

It contains Six Candy Tablets of pleasant taste, almost as pleasant as Chocolate.

Each tablet is a working dose of Casarets, which acts like Exorcise on the Bowels and Liver.

It will not purge, sicken, nor upset the stomach.

Because it is not a "Bile-driver," like Salts, Sodium, Calomel, Jalap, Senna, nor Aperient Waters.

Neither is it like Castor Oil, Glycerine, or other Oily Laxatives that simply lubricate the Intestines for transit of the food stopped up in that particular time.

The chief cause of Constipation and Indigestion is a weakness of the Muscles that contract the Intestines and Bowels.

Casarets are practically to the Bowel Muscles what a Massage and Cold Bath are to the Athletic Muscles.

They stimulate the Bowel Muscles to contract, expand, and squeeze the Digestive Juices out of food eaten.

They don't help the Bowels and Liver in such a way as to make them lean upon similar assistance for the future.

This is why, with Casarets, the dose may be lessened each succeeding time. Instead of increased, as it must be with all other Cathartics and Laxatives.